1: Tew E-4 (no date) 1950 FT7 Yao FT7

every adult member is a matrilineal descendant of a single ancestress, or a spouse of one of these people. All husbands are called *alamu* by the male members of the descent group, but husbands call each other by the kinship terms for older and younger brother (i.e. *acimweni* or *mpwanga*) according to the seniority of their wives. Similarly undifferentiated in kinship terms are the wives of all men of the descent group, who call each other 'sister'.

The husband is expected to work in his wife's garden, to help his mother-in-law, and also, in the early stages of marriage, to avoid her. His attitude to his father-in-law is one of respect, relaxing as time goes on. His attitude to his wife's brother is also one of respect, which covers feelings of latent hostility. Although husband and wife's brother co-operate in affairs relating to the woman and her children (e.g. they jointly consult the diviner in case of illness, and the brother-in-law hears grievances the husband may have against his wife), there are elements of conflict arising from their competition for the affection of the woman and her children.

Patrilocal marriages are the rule in certain cases. The village headman commonly has his wife in his own village. At his death his widow may return to her own village, but if her daughters have married locally she may stay, and one of her sons, as warden of his sisters, will also stay and marry patrilocally, as did his father, the headman. Thus a new matrilineal descent group, linked to that of the headman by a patrilineal link, develops. In every generation the number of separate but related matrilineal descent groups would double, and at such a rate of proliferation it might be expected that any village would contain many family groups. In fact, however, most members of a village can trace their descent from a common ancestress removed not more than about five generations. There are two reasons for this degree of homogeneity in the kin-grouping in the villages. One is that the villages tend to split up as they become too large and complex. The other is that the introduction of a new matrilineal descent group is often avoided by a cross-cousin marriage by the headman of the village or the warden of a sorority group.

There is a joking-relationship between cross-cousins, that is, for example, between the village headman's children and his sisters' children. The latter, as members of his descent group, have interests and loyalties opposed to those of his own children. Although there is a strong tradition of cross-cousin marriage, such marriages are said to be likely to be unstable.

Betrothal and Marriage

Child betrothal was common among the Yao. Acceptance of a loin-cloth and the wearing of it was token of betrothal, giving the groom exclusive rights over the girl.[1] The negotiations for an adult marriage are conducted by senior matrilineal kinsmen of the parties, who at the subsequent ceremony act as witnesses or sureties to the marriage. Usually the senior is the mother's brother, and the junior the brother. The act of validation, the *Cingonse* rite, takes place some time after the husband and wife have been living together. They meet in the hut of the woman for the rite, which consists in eating two pots of porridge, prepared by the female relatives of each party. The man's people bring a cockerel and the woman's a hen for relish. The exchange of food symbolizes the exchange of members of each matrilineal kin group, which is

[1] Macdonald, 1882, vol. i, p. 118; Johnston, 1897, pp. 411–13.

3: Stannus D-5 (ca. 1912) 1922 FT7 Yao FT7

After the defeat of Kumtaja, Chikusi and his Angoni routed Kumtumanja, a brother of Malemya, who had also been making a nuisance of himself. Kumtumanja, who suffered from a large hydrocoele, is supposed to have lost his balance on account of this impediment, and fallen into a stream where he had stopped to drink and to have been drowned.

The Angoni still burned for more warfare, and Malemya, fearing that with his work done, they might prove a nuisance to him, turned them on to the Amangoche Yao around Blantyre. Thither they set off on a raiding expedition and returned to their own country via Chiradzulu. This raid took place in 1884.

During the next few years, Kawinga, who had always held a grudge against Malemya for having got ahead of him to the best country, occupied the chief with raiding and warfare. In 1891, Wandalama died, and was succeeded by Chisala, the son of his sister, Chisigere, and at the present time, he is the reigning Malemya.

It is of these Amachinga Yao under Malemya that the following notes are written. I have gone at some length into the history of these people in order to disarm criticism by those who, familiar with other sections of the Wayao, may not agree with all my statements.

Life History. Generally speaking, the life of the Yao native in the old days was full of ease spiced with the excitement of intertribal warfare. He cultivated his crops, kept a few goats and chickens, and relieved the monotony by hunting. Even domestic slavery was not a great hardship, nor did the Yao probably suffer from coast slave-raiding to the same extent as many other tribes. As children, they are wont to spend their days free from care, seldom reprimanded, and rarely or never physically chastised. During youth, the same easy lot is theirs, with the addition from time to time of a few small tasks; minor household duties for the girls, such as drawing water, sweeping the hut, and "minding" the baby, while the boys hoe or fetch and carry for their fathers in the village or in the bush. Left to their own devices, they play games,[1] dig out rats' nests, or shoot birds with bows and arrows.

Now, as formerly, when they are about five years old, the girls usually go to live with their grandmother who may thus have a number of children around her; or several girls of a somewhat more advanced age may sleep together in a hut dormitory. Boys of this age all live in a big hut called *nyumba ja chachanda*, "the boys' dormitory." This is their quarters until one by one they leave to get married. The girl, similarly, remains in the girls' dormitory or with her grandmother until she is taken in marriage.

Puberty. The first interruption of this placid life of youth is the onset of puberty or the first initiation ceremonies.[2] Formerly, these ceremonies took place after puberty but of late years, as is pointed out elsewhere, they are performed much earlier.

Child betrothal. Bethrothal in childhood or before birth is not uncommon. A woman learning that some friend of hers is pregnant will arrange that if a girl is born, her son will marry the friend's daughter, or a man taking a fancy to a little girl will select her as his

[1] Vide infra, p. 327. [2] Vide infra, p. 246.

3: Stannus D-5 (ca. 1912) 1922 FT7 Yao FT7

584 betrothed. In this latter case, the child lives with one of his wives and is brought up in his house.

881 When this girl first menstruates, she tells the man's wife who in turn informs her husband. He then goes out into the bush with his axe, while the wife reports to the young girl's mother and to the man's female relatives. The girl is put to rest on a mat in the hut, the women remaining with her after shutting and fastening the door. The man, meantime, cuts a strip of bark, hammers it out into a piece of cloth, and puts the cloth, wound round and round the stem of the tree from which he has taken it, on the roof of the hut where the girl lies. The first passer-by who notices this sign, spreads the news; then all the women in the village assemble and trill with their tongues to show their joy, while the women in the house sing.

Until the girl's menstrual period is over, the old women relatives sleep each night in her hut, and instruct her in the taboos relating to menstruation. The front door is kept closed, and exit for purposes of nature is made only through the back door. When the girl is up again, the fire in the hut is extinguished, the bark-cloth which she has worn and her sleeping mat are rolled up and put away in the veranda-room, and the girl, having procured clay, replasters the floor of the entire hut. A woman then brings fresh fire from another hut.

841 At subsequent menstrual periods, there is no ceremony. The girl, as is the custom of all women at such times, must sleep on a mat apart from her husband. Sexual intercourse is strictly forbidden under penalty of dire sickness. For the same reason, no menstruating woman may put salt in the food, etc. Until the girl's first menstrual period is over, the man to whom she is betrothed stays in the hut of another wife. Later, he may cohabit with the girl.

881 833 If the girl has not been to her initiation ceremony, *Chiputu*,[1] on returning to her husband's hut after this ceremony, the first coitus takes place in the veranda. It must be incomplete, so that ejaculation takes place after withdrawal and the semen falls upon her cloth. This should be taken by the girl to some of the old women in the village who report on the proceedings. Should withdrawal not have taken place, the man is considered bad and the girl, unless doctored, may sicken. Later, ordinary cohabitation is allowed. This species of ceremonial coitus is called *Kwasa mauta* or in Chinyanja, *Ku-taya mafuta*, "to roll away the oil," referring to the oil with which the girl was anointed at *Chiputu*. A girl who has no betrothed, on returning from *Chiputu* to her grandmother is given medicine similarly to prevent her sickening.

584 *Betrothal and marriage in adult life.* Apart from child betrothal, when a man seeking a wife, sees a girl he fancies, he talks the matter over with his brother, uncle, or some friend, who then goes and makes overtures to the girl's uncle or brother, her guardian or *nyoswe*[2] as he is called. The *nyoswe* corresponds very closely to our idea of a god-parent; he may be called the sponsor. The word "surety" is used by Macdonald.[3]

[1] Vide *infra*, p. 269.
[2] *Nyoswe* is a word adopted from the Chin, *Nkoswe*.
[3] Macdonald, op. cit., vol. 1, p. 118.

3: Stannus D-5 (ca. 1912) 1922 FT7 Yao FT7

If the suitor receives a favorable reply, he informs his father and the elders of his village and then goes to the girl's village where he begins to build a house and spends much time performing duties for the girl's parents, such as hoeing. If, after a month, he is approved, the girl's people send a messenger to the man's village, asking, "Have you missed anyone from your village?" The answer is, "Yes, So-and-So," to which the reply is given, "Well, he is here with us." The man's people then arrange to come to the girl's village on a certain day. 584

On the appointed day, the two sponsors (*ngosuw*) on each side, meet in the village open space and being assured that there is nothing to prevent the marriage and the man and woman being willing, the tie is made. There is no formal ceremony or token of marriage between the man and woman. Porridge is cooked for the sponsors and a fowl provided. The back of the fowl is broken by the elder sponsor as a sign of the compact. The man is exhorted by his sponsors to be a credit to them in his new village, while the woman is told by her mother and her aunt that they expect her to live an exemplary life. The man's chief sponsor tells him that no longer is he a member of his own village, but belongs to the girl's sponsor, and the converse is told to the girl. Hereafter, in all matters relating to them as married people, the girl will consult her husband's sponsor and vice versa. The elder sponsor on both sides is called *mpopo wakugona*, borrowing from Chinyanja, "a log lying down," and is usually an uncle; the junior is commonly the brother of the bridegroom. 585

On leaving the girl's village, the *mpopo wakugona* will say, "You will see me no more in this village but this, my younger companion; if you see him, you will know he comes from me." The sponsors' responsibilities last so long as the pair lives, unless they separate for some reason. Thus, should the husband's goats die or should he lose his axe, the woman reports to his sponsor. If the husband kills an antelope, the sponsors receive some portion of the meat. If a village is to be moved, the inhabitants consult the sponsors of every married couple. In this way, the sponsors become the repository of all the events of the married life of the husband and wife and in case of any dispute or untoward event, theirs is the accredited testimony on family matters. The account given by Macdonald,[1] I venture to think may be incorrect.

Should the *mpopo wakugona* die, the junior sponsor takes his place and a new junior is appointed. The new *mpopo wakugona* sends a message to the other party's *ngosuw* telling him of the change, at the same time presenting him with a fowl. As he may be acting for a number of people, he may have to distribute several fowls; later, he visits his confreres.

Following the marriage compact and the departure of the *ngosuw*, the married pair go away quietly to the house the man has built for his wife, or she may wait until evening and, if she is shy, she may be accompanied by an elder sister, or may be sent with food for her husband. Consummation may not take place for a day or two, after which the hum- 591

[1] Macdonald, *op. cit.*, p. 120.

3: Stannus D-5 (ca. 1912) 1922 FT7 Yao FT7

585 drum of her married life begins. The man and woman live together peaceably enough as
462 a rule, each attending to his own sphere of work. The man builds the house, the woman muds the floors; she sweeps and cooks, she is the hewer of wood and drawer of water. The man hunts, fishes, makes mats, baskets, the grain store, game traps, and bark-cloth; he looks after the tobacco, and makes the snuff, while his wife brews the beer. He it is who fashions the gourd vessels and carves the spoons, while the woman is the potter (Pl. III, 4) and pipe-maker. Together they hoe and together they harvest, but to the woman falls the monotonous drudgery of pounding and sifting the corn for flour.

842 The Yao have a custom like that of the Anyanja. A sister brings to the house of the
[522] newly wedded pair a log of green wood from a *mbunga* tree which is very hard; the log may be two feet in diameter and four feet long. Should the bride not become pregnant
[558] before it is burned away, the husband is laughed at and they may both be teased by having many logs brought to the house. A man who has no children is much despised and there is a saying, "He must have eaten some ground-nuts," punning on the word for a thick-
[837] skinned variety of ground-nut, *chimbuuvila*, a word which also means sterility. An impotent man may, with the consent of his wife, introduce some male friend into the house, any children born in consequence being claimed as the husband's. He usually chooses some friend from a distance to obviate any attachment springing up between him and the wife. Two married couples may, all consenting, exchange consorts for the night, but they never live together like this for long periods.

582 There is one well-defined marriage taboo; a man may not marry a woman of his own clan. In the old days, he was also restricted to his own tribe, except in the case of slave
[611] wives and wives by capture. Since the clan is inherited from the mother,[1] a man may not marry the daughters of his maternal aunts, but he may marry his other female cousins.
[587] He may not marry two sisters nor a deceased wife's sister; neither do two brothers marry two sisters.

595 The number of wives is limited only by the husband's ability to provide for them. In addition to free wives, a man might formerly have a number of slave wives. The head wife is called *kusyeto*, the other wives, *mangumba*. The word given by Macdonald, *akusyeto*,[2] meaning the junior wives, is a Chinyanja word and, I think, wrongly applied.

582 It has been said that a man always marries into the village of his wife. For this reason,
[842] female children are always prized as it means an increase in the number of able-bodied men added to the village. In rare cases, the wife might be taken to the husband's village,
[583] as is the Anyanja practice.[3] This, of course, is true in the case of chiefs and headmen. Here, we may also note that no payment is made for the wife and no dowry is received with her.

584 To revert to betrothal, occasionally the sponsors will not agree to the marriage and a
843 runaway match takes place, but in the end, the marriage is usually regularised by the sponsors coming to an agreement. If, however, the woman has in the meantime become

[1] Vide infra, p. 282. [2] Op. cit., p. 134. [3] Stannus, op. cit., p. 309.

3: Stannus D-5 (ca. 1912) 1922 FT7 Yao FT7

pregnant, the meeting of the sponsors will have to be postponed until after the ceremony connected with her first quickening with child, *Litiso*.[1] This ceremony must be performed whether the girl is regularly married or not. One party cannot ask the other for permission that both ceremonies take place at the same time. The answer would be given, "You are asking me to kill two beasts with one bullet." In rare cases, the chief may sanction the marriage and *Litiso* ceremonies taking place at about the same time, i.e. the marriage is arranged before the child is born.

Widowhood. A widow is considered unclean for a period after the death of her husband. She wears a band of palm-leaf or string around her forehead. When the period is passed and some man wishes to marry her, arrangement is made with some other man to cohabit with her for payment; she is then said to be clean and can go to her prospective husband. This ceremony is called *kutema ngonji*, "to cut the strings," or in Chinyanja, *ku-dula mlase*, "to cut the palm"; unless it is performed, the new husband will sicken. The man introduced for the purpose is called by the Yao, *kitusu*, the "hyaena," "he who comes by night."

Divorce. From time to time, married people disagree and one deserts the other. If the woman leaves the man, he has a claim against her and the man to whom she goes for all the clothes he has supplied her with during their married life. The husband usually sides with the wife's relatives and arranges that they look after the children; he does not claim them. When the husband and wife mutually wish to separate, they both meet with their sponsors and everything is duly arranged. The husband will give his wife an arrow, saying, "*Mpumbo* (the arrow)," meaning, "If I come back, may it kill me." The place of the arrow may be taken by a bullet or any other object, even a piece of grass. The man will add, "*Swaka, swaka, no likowe!* (rattling, rattling, it is a rat!)," inferring that if his wife hears something rattling in the house, it is a rat, not himself trying to come back. There is no definite payment of compensation. If the woman marries again, she presents the "arrow" to her second husband as a sign that she has been freed from her first marriage; without this token, no man would marry her.

Actual adultery was in the old days very rare owing to the strict enforcement of rules, and the case of a woman demanding divorce on account of the adultery of her husband formed a *cause célèbre*. The case heard by the chief would last for days and hundreds of people would come to listen. Neighboring Anyanja pleaders would be invited to speak and great excitement prevailed, as these latter would be accompanied by their villagers, who, to the accompaniment of continuous drumming, would sing, "*Mbawala anakadwa m'nkonde*,[2] (The bush-buck has run his head into the net)," while they ran about running their heads into their game-nets.

Other causes of separation are neglect of duty, sterility of the wife, and habitual death of the children born.

[1] Vide infra, p. 274. [2] Chin.

6: Mitchell E-5 (1946-1947) 1949 FT7 Yao FT7

ndembo, a woman who is pregnant for the first time;[1] *kavumbwe*, a woman who has one or two children; *mjumbwe*, a woman who has three or four children, and lastly, *ndabwa*, a woman who is past child-bearing age.

The information which I have been able to collect on abortifacients and contraceptives suggests that they are not used by married people merely to prevent their having more children, but that they are used by people who wish to avoid pregnancies which would be embarrassing, for example, by a woman whose husband is a labour migrant. To what extent the abortifacients and contraceptives are efficacious I cannot say; some, I know for certain, rely on a magical principle, for example, the medicated cord worn by a man during intercourse. On the other hand, the abortifacients taken orally may have some active ingredient.

A barren woman or an impotent man is regarded with some embarrassment and the marriage sureties (*acinamangwe*) of a childless couple will go to considerable trouble and expense consulting diviners and leeches in an attempt to make their wards productive. Childless couples are regarded as not fully adult and are treated in a patronizing way by those who have borne children. Since a man may marry other wives, barrenness in a woman is a cause of sorrow to her husband, but is not in itself a ground for divorce. Where the man is impotent, however, the woman may divorce him on this ground, though she usually takes a paramour and forces her husband to an action for damages which automatically leads to a divorce because it is the usual practice in these cases for the court to ask the woman if she wants to be divorced from her husband.

In contrast to the satisfaction shown at the birth of a child is the sense of awe evinced when a child is still-born or the woman miscarries. The Yao do not distinguish between still-births and abortions, both events being known by the word *kwasanga*. This is a verb and refers to the process of abortion; there is no term for the dead foetus itself. I made no attempt to enumerate miscarriages and still-births because they are supposed to be due to breaches of sexual taboos on the part of the husband and wife, and interviewees were naturally reluctant to mention them. Miscarriages and still-births are greatly feared, and the woman is considered to be in a very dangerous condition until she and her husband have carried out a ritual purification. Should a man have intercourse with a woman who has miscarried and not yet been purified he will contract a disease called *lwazo* which is believed to be invariably fatal. Still-born children or aborted foetuses are buried in a hole dug with sharpened sticks in the bush by the women, whereas children who are born alive and die afterwards are buried in the graveyard in graves dug by men with hoes. The burial spots of still-born babies or aborted foetuses are marked with a stone or broken pottery, since it is believed that to step on them will induce an illness.

The concern of the interested kin-groups is shown in the child-birth procedure. Birth normally takes place in a hut in the presence of the older female relatives of the woman and the female representatives of the man. The husband's representatives are necessary because the Yao, like many other Central African peoples, believe that an adulterine child will not be born to the woman unless she confesses (*kupaca*) the name of the genitor. If she persists in concealing the identity of the genitor, they

[1] *ndembo* = elephant, hence ivory. The terms *litebo* and *ndembo* here both refer to the ivory beads traditionally worn by the woman in the pregnancy initiation ceremony.